

A group of people are in a gym, performing a plank exercise on mats. In the foreground, a woman with blonde hair, wearing a yellow tank top and black leggings, is in a plank position on a teal mat, smiling. Behind her, several men are also in plank positions on various colored mats (purple, teal, blue). The gym has a wooden floor and large windows in the background.

EVENTS CALENDAR Q2 2026

Coming up
this spring at



St Paul's

✱
APRIL
2026



Tue
14

Art on the Terrace

Celebrate World Art Day together as we take to the Terrace with ClassBento. Enjoy refreshments as we create masterpieces of our beautiful city and the skyline.

Deposits are required, please see reception for details.



Thu
23

Wellness classes: ABS

As April is stress awareness month, it's important to know how to unwind, relax and offload. We are hosting a meditation class on the Terrace to teach us how to recharge and reset our mental and physical batteries.

Mats will be provided. Pillows and a blanket are recommended and water will be provided afterwards. Contact reception for details.



*
MAY
2026



no. 
St Paul's



**euro♥ision
SONG CONTEST**

Fri
15

EuroVision quiz

Get into teams for the 5 St Paul's EuroVision Quiz with a twist!

Do you know your ABBA from your Bucks Fizz, Cliff Richard to Katrina and The Waves?

Put your knowledge to the test with our lunchtime trivial!

Wed
13

World Cocktail Day

Be At One will be joining us with their best selling cocktail samples and lots of give aways!

BE AT ONE
*Cocktail Lounge
& Late Bar* 



✱
JUNE
2026

Weds
24

World Wellbeing Week

Start the day right with a good stretch – morning yoga on the Terrace will be on 24th June and limited spaces are available.

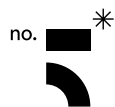
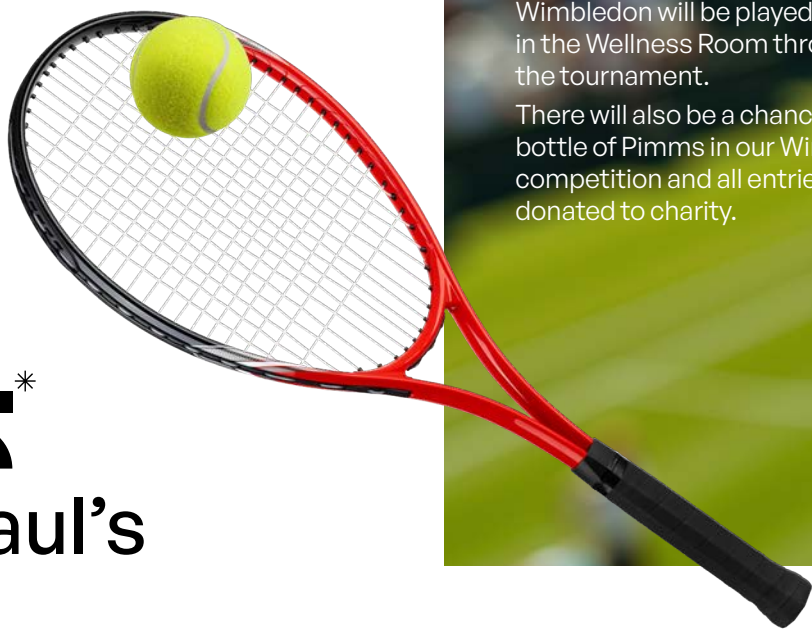
Please contact reception for information.



Wimbledon

Wimbledon will be played on the TV in the Wellness Room throughout the tournament.

There will also be a chance to win a bottle of Pimms in our Wimbledon competition and all entries will be donated to charity.



St Paul's

A group of people, including men and women, are performing a plank exercise on mats in a gym. They are all smiling and looking towards the camera. The image is overlaid with a green semi-transparent shape that contains the contact information and logo.

Contact

For more information about
our events, please contact
reception@5stpaulssquare.net



St Paul's